2013 in 2013 Declutter Challenge

January is the Month of Baby Steps

Welcome to the 2013 Declutter Challenge!

It's Month #1 and everyone is itching to get started. But this month, rather than heading straight into the big jobs, we're going to tackle quite a few smaller projects.

Taking a slower, simpler approach is what I'm all about, but if you're super keen then jump right in to that garage, the toy room or your craft cupboard. Just be sure to let us know how you go in the forums.

Decluttering Guidelines

The January post has a full list of steps to get you through any decluttering project, and you can find that right here.

Below I've put together a simple diagram that you can print out and keep handy as you work through the following projects. It helps to have a framework to refer back to, otherwise we often get overwhelmed and give up halfway through.



The January Checklist

Move through these areas of your home as you have the time. Each project shouldn't take longer than 30-45 minutes (some significantly less than that).

You will be looking for things you no longer need, want or use. But on top of that, these areas will also offer up a lot of rubbish. It truly is amazing the stuff we accumulate and these areas are hotbeds of junk collection!

☐ Kitchen Drawers
Cutlery Utensils Tupperware / Plastics JUNK DRAWER Other Other
For more advice on tackling the kitchen drawers, check out this post.
Medicine Cabinet
Purse / Handbag
☐ Car
■ Entryway
Coat rack Hall stand Hall closet Shoe basket Drop zone for keys, sunglasses etc Mail
For more advice on decluttering and organising an effective entryway, head over to the blog and read this post.

Be sure to check out the <u>2013 Declutter Challenge forums</u> throughout the month and let us know how you're going!

Good luck! Brooke xx